## ELGIN COMMUNITY LIBR&RY

FREADOM

Once you learn to Read, you will be forever Free.

F. Douglass

Volume 7, Issue 8 August 2020

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**1468 likes** 

Want your own hoop?
Order from hooplahoma.com
enter Elgin under discount
code, and receive 25% off.

#### Benefits of Hula-Hooping

1.burns body fat and inches, plus calories

- 2. boosts cardiovascular fitness
  - 3. can replace ab workouts
- 4. strengthens back for desk jobs-challenges your core muscles
  - 5. works your lower body muscles
- 6. it gives you a massage
- 7. works out your brain by being very similar to meditation
- 8. fights anxiety and depression by increasing endorphins
  - 9. improves your balance
  - 10. inexpensive and portable

Great family fun!!!



# Biblioposse last Tuesday of each month @ 9

#### Tuesday, August 25 @ 9

August is American Indian Heritage Month. Read any fiction or nonfiction book about native Americans and discuss this month.

September 29: Break Me Like A Promise by Tiffany Schmidt

October 27: anything by an Oklahoma author

November 24: The Wednesday Wars by Gary Schmidt

December: no gathering

#### **Authors similar to Tony Hillerman:**

Nevada Barr CJ Box James Doss Margaret Coel Joan Hess Craig Johnson Robert Parker Dana Stabenow **Dick Francis** Larry McMurtry JA Jance Nancy Atherton Elizabeth Peters Earlene Fowler Marcia Muller Anne Hillerman



#### **Library Updates:**

\*The Friends of the Library book sale is still scheduled for the 3rd weekend of September. Location will be changed to (most likely) Crossroads Church. If your organization would be willing to help move boxes from storage to the sale site, please let us know.

\*I plan to resume Wigglers on September 2 at 10:30. Initially we will meet in the backyard. If the weather is rainy, it will be cancelled for that day.

\*STEAM will resume on September 3. It will also be scheduled at 10:30. This is for all ages. If we end up with too large of an age difference we will revisit the time schedule.

\*We are currently looking for a part time library assistant. This is a 10 hour per week job. If I am on vacation or at a conference, then it will be more that week. Applications are available at City Hall.

\*As always, if you have ideas or suggestions, please feel free to let me know.

### August 2020

Sun Mon Tue Wed Thu Fri Sat closed closed 9-6 9-6 9-6 9-1

National Read A Romance Novel						I Book n'Hookers
2		4		6 Sterling  First Day of School		8 Book n'Hookers
9 BOOK LOVER'S LOVER'S TOTAL CONTENSIONS	City council 6	First Day of School	12	13	14	I5 Book n'Hookers
16	17	18	First Day of School	20	21	22 Book n'Hookers
23	24	.:Book (lub:.  Read, Reflect, & Review  9 am	26	27	28	29 Book n'Hookers
30	31					